Designing assistive exoskeletons by means of musculoskeletal simulation

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Background

- Upper limb paralysis makes people dependent on assistance.
- Paralysis is often partial with some retained strength.
- Compensating gravity can restore ability for feeding and personal care.





Traditional orthotics...

Orthosis made by our partner Bandagistcentret.









...can restore elbow function



- Works by establishing a stable flexed elbow posture.
- Can switch between elbow postures using small jerks of the body.
- Cannot restore shoulder function.

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Aims

- Develop a conceptual soft-coupled arm assistive device.
- Make it simple: No motors, no batteries, no control system.
- Optimize the parameters to the specfic needs of the user.



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Methods



REACHABLE 3-D WORKSPACE



F_{MAX} GENERATION CAPABILITY









Methods



OPTIMIZATION OF THE SPRINGS' PROPERTIES BY MINIMIZING MMACT FOR THE FOLLOWING POSTURES USED IN THE ACTIVITIES OF DAILY LIVING









patient

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Patent-pending shoulder mechanism



















Recent prototype









Results



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Results

Potential Energy Variation Across Postures



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Discussion

The optimized orthosis enabled all users to attain the desired postures *in-silico*.

 Due to the partial balance of the system, there is still some residual muscle activation required - but within everyone's capabilities.









Final evaluation

Fundamental science

- Range-of-motion method for assessment and model validation.
- Computational design method based on optimization.

Invention

- Several prototypes designed and built.
- Prototype tests ongoing in the USA.
- Patent application for a compact shoulder exoskeleton mechanism.



